



Resources

- Watch or listen to Sunday's sermon: abfboone.com/sermons
- Find Life Group resources: abfboone.org/groups/resources

Luke 1:46-56

46 And Mary said,
"My soul magnifies the Lord,
47 and my spirit rejoices in God my Savior,
48 for he has looked on the humble estate of his servant.
For behold, from now on all generations will call me blessed;
49 for he who is mighty has done great things for me,
and holy is his name.
50 And his mercy is for those who fear him
from generation to generation.
51 He has shown strength with his arm;
he has scattered the proud in the thoughts of their hearts;
52 he has brought down the mighty from their thrones
and exalted those of humble estate;
53 he has filled the hungry with good things,
and the rich he has sent away empty.
54 He has helped his servant Israel,
in remembrance of his mercy,
55 as he spoke to our fathers,
to Abraham and to his offspring forever."
56 And Mary remained with her about three months and returned to her home.

- I. God Lifts the Humble (46-50)
- II. God humbles the Proud (51-55)
- III. The Humble Returns Home (56)

Life Group Leader Notes:





- Have you ever had a life-changing experience with Christ when you got away from life's distractions? What was that experience like? What was it like to return from that experience?

- Why is it so easy for us to make blessings or favor about who we are, and how much we deserve it? What does Mary teach us about what it means to receive the favor of God in her song of praise?

- When we look at our weekly and daily rhythms, what are we *putting into* our hearts? What is coming out? Where are we spending our time? Does it show? Is there something that you may need to consider removing from your schedule in order to spend more time with Christ in His Word by His Spirit?

- Pastor Scott talked about *the great reversal* when it comes to Mary's Magnificat. Later in Luke's Gospel, Jesus Himself will say, "For everyone who exalts himself will be humbled, and he who humbles himself will be exalted." What is the significance of this reversal? What does it mean for us?

- Are there times when you face potential shame for sharing about your relationship with Christ? What reason do we have to be unashamed of our faith? How can we face the possibility of shame with confidence in our workplaces, schools, and with others even this week?

- Christ was humbled to the point of death on the cross so that we might live. In what ways have you sensed your own brokenness recently? Why is it a good thing to be reminded of our need for Christ?

