

KEEP

SCHEDULE

FRIDAY

7:00 PM **MAIN SESSION 1**

8:15 PM **MAIN SESSION 2 (Q&A)**

SATURDAY

9:00 AM **MAIN SESSION 3**

10:00 AM **BREAKOUT SESSION 1**

11:00 AM **BREAKOUT SESSION 2**

12:00 PM **PRAYER & GIVEAWAY**

12:15 PM **END OF CONFERENCE**



GENERAL SESSION NOTES



Q&A

**BREAKOUT
SESSION
OUTLINES
& NOTES**



*Don't miss a
breakout session!*



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Check back for recordings of all of the
general sessions & breakout sessions



ALLIANCE BIBLE FELLOWSHIP

TINY FEET, BIG MISSION: BUILDING A CHRIST-CENTERED HOME

John & Molly Barry

Parenting is one of the most joyful and sanctifying callings God gives. This session helps new and growing parents understand how to build their home on the solid foundation of Jesus Christ and cultivate a family culture rooted in wisdom, love, and peace.

1. The Foundation of a Happy Home

Key Passage: *Matthew 7:24-27*

Jesus is the only lasting foundation for your family. Building well means hearing and obeying His Word. A strong home grows through relationships marked by love, peace, and the fruit of the Spirit (*Proverbs 24:3-4*).

Reflection:

- Am I building my life and family on Christ?
- Is there peace and love in my home today?

2. Repairing What's Broken

Sin in our relationships must be addressed at the source—not covered up. Overlook minor offenses, confess sin quickly, and forgive freely (*Ephesians 4:32*). Don't be discouraged when repairs are needed—God delights to rebuild what's broken.

3. The Role of Parents

Parents carry God-given authority to nurture and disciple their children. Use authority to build up, not tear down (*Ephesians 6:1-4; Proverbs 14:1; 18:21*). Model obedience to God and consistency in your home.

4. Building a Family Culture that Lasts

Every home has a culture—shape, one that reflects your heavenly Father: rooted in grace, joy, and worship.

Takeaway Truth: “Unless the Lord builds the house, those who build it labor in vain.” - *Psalms 127:1*

FAMILY ON MISSION: LIVING WITH PURPOSE & GOSPEL INTENTIONALITY

Michael & Laura Talley

How to identify and align your family's mission:

Starting With the Right Heart

We must maintain tender, humble hearts that are full of passion to serve God.

Setting a Specific Vision

We must ensure that our vision is biblical, God oriented, cross shaped, and eternal.

Building a Culture of Service

We must evaluate the way we use our time, money, weekends, mornings, evenings, living space, vehicles, etc.

Takeaway Truth: Service is not a nice addition to the life of a family when things are well, but a core identity that drives the family.

SCREENS & SOULS: FIVE BIBLICAL PRINCIPLES FOR TECHNOLOGY AND FAMILY LIFE

Amanda Cottrell

Technology has changed our homes and our children's hearts. As parents, we're called to navigate this world not with fear but with biblical wisdom. This session helps families think through technology with gospel-centered discernment—shaping habits that form hearts, not just manage screens.

Key Realities

- The average American spends 257 hours per month on screens.
- 91% of kids have unrestricted phone access by age 14.
- Teens spend 7+ hours per day on their phones.

Biblical Foundation

“God makes His invisible authority visible in the lives of children by sending parents of authority to exercise authority in the way God would.” – Paul David Tripp

Parents are called not just to manage behavior but to disciple hearts through their example and grace.

Three Questions for Tech Decisions

1. Does this decision disciple my child toward the world or toward Christ?
2. Does this decision help my family grow in wisdom?
3. Does this decision strengthen our connection with one another?

Practical Encouragement

Start small and trust God's grace. Replace screen time with shared time. Model self-control and discuss the 'why' behind family tech choices.

Takeaway Truth: “Our goal is not just to control screens, but to shape souls.”

GAME ON: CULTIVATING A BIBLICAL RELATIONSHIP WITH SPORT & COMPETITION IN FAMILIES

Jacob & Abbey Cooper

Sports can be an incredible gift—shaping discipline, teamwork, and joy—but when competition becomes ultimate, it can distort identity and family rhythms. This session helps parents cultivate a biblical relationship with competition, guiding children to enjoy sports as a form of worship, not performance.

1. Understanding the Heart Behind Competition

The problem isn't competition itself—it's how we view it.

- Competition as Threat: fear and people-pleasing
 - Competition as Conquest: pride and dominance
 - Competition as Growth: gratitude, humility, and purpose
- “Whatever you do, work heartily, as for the Lord.” -

Colossians 3:23

2. A Biblical View of Sport and Effort

Competition, rightly understood, is a God-given opportunity for growth and joy. Key passages: *1 Corinthians 9:24-27; Hebrews 12:1-2; Philippians 3:12-14.*

3. Building Healthy Family Rhythms Around Sports

Let your child's identity rest in Christ, not performance. Prioritize spiritual formation even during busy sports seasons. Model joy over results—make your family's sports culture reflect grace over grind.

Takeaway Truth: “Competition is not about conquering others—it's about becoming more like Christ.”

MONEY TALKS: TEACHING KIDS BIBLICAL PRINCIPLES OF MONEY

Jim Loscheider

Money reveals what we treasure most. This session equips parents to teach biblical principles of stewardship, generosity, and contentment at every age. When families model that God owns it all, children learn to handle money with wisdom and worship.

Why This Matters

Proverbs 22:6 reminds us to train up a child in the way he should go. Financial discipleship begins at home, shaping not just habits but hearts.

Practical Principles by Age

- *Preschool & Kindergarten:* Teach ‘God owns everything.’ Give some, save some, spend some.
- *Elementary & Middle:* Explain opportunity cost; use commissions instead of allowances.
- *Teens:* Teach contentment, budgeting, saving, and stewardship.

Heart Check for Parents

Are we modeling generosity or selfishness? Using money for God’s glory or our comfort? Pray for endurance as you lead your family to follow Jesus in financial faithfulness.

Takeaway Truth: “Our goal is not to raise rich kids—but wise stewards.”

HEART TO HEART: CONNECTING WITH YOUR TEEN

Cam Lloyd

The teenage years can feel unpredictable, but they are a sacred opportunity to disciple your teen's heart. This session helps parents connect deeply with their teens through the transforming power of the gospel.

1. The Gospel Foundation of Parenting

Parenting isn't about control—it's about representing Christ to your child (*2 Corinthians 5:20; Deuteronomy 6:6-7*). Connection begins when parents model grace and humility.

2. Understanding the Teen's World

Your teen is being shaped by screens and culture. Step into their world and show them that Christ is more compelling than anything else (*Romans 12:2; Psalm 119:9*).

3. Relationship Over Rules

Ask questions that invite honesty and correct with connection. 'Help me understand what you were feeling.' 'What do you think was going on in your heart?'

4. Seizing the Teen Years as Opportunity

Every car ride, late-night talk, or conflict can be a gospel moment (*Ephesians 5:16*).

5. Listening with Compassion & Equipping for Culture

Listen before you lecture. Equip your teen to stand with conviction and love in a confused world (*Psalm 119:9; Ephesians 6:10-13*).

Takeaway Truth: "Your connection with your teen flows from your connection with Christ."

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